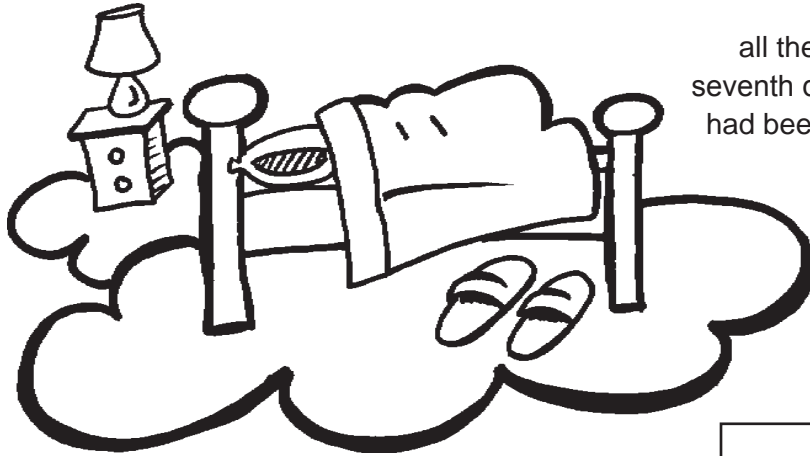


Session Fifteen — Day Seven of Creation

God Rested



“Thus the heavens and the earth and all their array were completed. Since on the seventh day God was finished with the work he had been doing, he rested on the seventh day from all the work he had undertaken.”

Genesis 2:1-2

Dear Caregiver,

Thus the heavens and the earth were completed and filled with life. Then God, the creator of heaven and earth, rested. Between the ordered creation and the creator, a special relationship is set up. Shaped into all that God created is the tendency toward goodness and growth, which leads to rest in God alone. The toddler’s experience of rest is a break from the action, a time to be quiet and restore one’s energy. In this session the toddlers will set up a “resting” corner and play “romp and rest” as they explore God’s creation.

Session Options and Materials

- Resting-corner activity
 - X rest-time objects such as a pillow, blanket or sleeping bag, sheet, story book, puzzles, stuffed animals
- “Are You Resting?” song
- “Romping and Resting” action story
- Tie-dyed art
 - X one copy of the rest-time pattern on page 71 for each toddler, on stiff paper
 - X one coffee-filter per toddler
 - X permanent marker
 - X three colors of food coloring
 - X bowls and water
 - X newspapers
- “Rest and Play” prayer
- Romp-and-rest game
- Copied family note for each child

A Prayer for You

God in whom we find rest, you not only created the universe but renew it by the power of your Holy Spirit. Renew me, Lord, through community, worship, prayer, and rest in you. Help me to remember that the nursery is a holy place where your renewing love is shared. Amen.