

Prayer Positions



Discussion:

We can pray to God anywhere, anytime, and in many different positions. In church we say or sing prayers while standing, kneeling, and sitting. Walking or riding to school, we can say a silent prayer in our heart. At school we can gather in a circle with our classmates to say or sing a morning prayer song. At the dinner table we can stand or sit, fold our hands, or join hands with others to say a mealtime prayer. At bedtime we can kneel or lie in bed as we say a nighttime prayer.

- Activities:**
- Talk about a prayer that you could say at each picture.
 - Color the pictures.